

Hi you lovely ladies,

Does this sound familiar to you?

When you were a young girl, you dreamed of becoming a ...?..one day

Thinking of the dream made you feel alive, full of energy and ready to go for it!

However as years went by, for whatever reason, you "forgot" about it

Fast forward to NOW...

Either you are truly and genuinely living a very happy, healthy and fulfilled life....or

You live a fairly happy life, but you feel that there is something missing. And this nagging feeling has only become bigger and bigger up to a point that you can't ignore it anymore. You're feeling stuck and frustrated, because you want to do something about it, but you have no idea where to begin.

What if I show you how...

- You can do things differently?
- You can think and act "out of the box"?
- You can joyously live All of your "deeply buried" dreams and passions?
- You can expand your horizon and take your life to the next level?
- You can celebrate your FREEDOM?

Would you be willing to take the jump?

Then I invite you to join me on an exciting and fun 6 weeks journey of

Re-igniting your Girly Passions



Here's a peak of what you can expect during this journey:

- R**ecognition : you'll start by recognizing and acknowledging where you are right now
- E**nergy : "everything = energy" and how you can use this idea to your advantage
- I**nspiration : discover how the "why" of your dreams and desires will spark up your engine
- G**oddess : honoring and celebrating your feminine aspects are essential for healing
- N**ow : by being fully present in the Now, you will find your inner peace
- I**ntegrity : allow your inner thoughts to match your outer (desired) actions consistently
- T**ransformation : you will learn why appreciating your journey gets you to your destination even faster
- I**ntegration : you will be able to easily and effortlessly integrate your new found clarity
- N**ext : why turning "no" into "next" sets you free
- G**enius : you will learn how to let your genius shine brightly to boost your Self-Esteem

Inspired by "Eastern and Western" teachings on energy, wellbeing, abundance, success and prosperity, I have created a unique mix of "body-mind-spirit exercises" such as tai chi, yoga, shiatsu, massage, meditation etc. to help you integrate the fundamental basics of the Success Principles with more ease, flow and fun.

Hi, my name is **Monique Aipassa**. When I was a young girl, one of my dreams was to become an interpreter. I used to "daydream" about being in Brussels where all of the top leaders of Europe assemble and where I am highly recognized for my outstanding services. Well, fast forward to NOW...

I am a heart-centered, transformational entrepreneur and it is my mission to inspire and support people to live a vibrant healthy and wealthy life, both through my Vital Touch massage services as well as through offering Lifewave products & business opportunities. Feel free to visit my website www.vitaltouch.nl.

For the past 15 years I have enjoyed my professional life as a certified massage practitioner. It is so rewarding to see my massage clients feeling satisfied, more relaxed and rejuvenated after I massaged them. What a blessing it is to serve the world by doing what I love.

I am very passionate about sharing wisdom and insight on leadership and empowerment. I am eager to learning every day and mastering all of the universal laws and principles to be able to walk my talk consistently. Building relationships based on Authenticity, Integrity, Respect, Unconditional Love and Freedom are some of my core values.

I am ready to take my business to the next level. By offering this journey to English (native) speaking women in the Netherlands, I am bringing my "girly passion" into an "out of the box" reality.

I start with 2 classes of 6 women each

First class: Wednesday mornings from 9.30 – 12.00 hrs

Dates: 15 May, 22 May, 29 May, 5 June, 12 June and 19 June

Second class: Thursday evenings from 19.30 – 22.00 hrs

Dates: 16 May, 23 May, 30 May, 6 June, 13 June and 20 June

Here's your "out of the box" investment:

- € 75 in advance, to be paid before 1st May. Bank details will follow when you enroll via email.
- At the end of the last session, you get to decide the total value of this course by choosing between 3 options; € 150,00 / € 225,- / € 300,- (whatever feels good to you)
- You will pay the difference in cash at the end of the last class.

Your investment includes: 15 hours of class, book "the Success Principles" by Jack Canfield, tea/coffee/juice, healthy snacks, free parking and surprise gift.

Please feel free to contact me for any questions.
I am looking forward to welcoming you on board.

Monique Aipassa

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